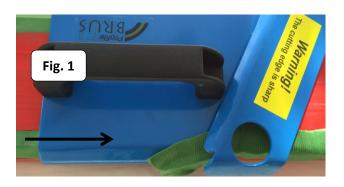


Profile Brus LTJ is a tool to shape the plasticine on the board (plasticine indicator board) in Long and Triple jump disciplines according to IAAF competition rules.

## How to use Profile Brus LTJ

## 1. Pre-competition preparations



Apply the softened plasticine (see page 2) on the board (Plasticine indicator board) and spray the inside of the **Profile Brus LTJ** with a soap solution. If necessary keep spraying the solution through the hole in the safety device when shaping the plasticine (**Fig. 1**).

## 2. Repairing during competition





If the jump is failed and the plasticine is footprint marked, change the board (Plasticine indicator board) and repair the plasticine outside the track as follows: Use a scraper to remove the marked plasticine (**Fig. 2**) and apply new softened plasticine on the spot (**Fig. 3**). Shape the plasticine as under point 1.

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## A suggestion how to soften the plasticine.

Before a competition keep the plasticine block in a plastic bag and suck out the air in the bag and seal. Put the plastic bag in a cool box with warm water (40-45°C).

When preparing the board (plasticine indicator board) take out the soften plasticine block from the cool box (with warm water) and cut rods from the plasticine  $\sim 1x1$  cm and apply it on the board.

Keep some unused rods in the plastic bag in the cool box (with warm water) for use during the competition.